

INDIANA STATE NURSES ASSOCIATION

Title of Event:	PERSONALITY DISORDERS AND SUBSTANCE ABUSE DISORDERS			
OBJECTIVES	CONTENT (Topics)	TIME	PRESENTER	TEACHING METHODS/CATEGORIES OF EVALUATION
List learner’s objectives in behavioral terms with only one outcome per objective	Outline of the content for each objective. It must be more than a restatement of the objective.	Objective Timeframe (each)	Presenter for each objective	Describe teaching methods, strategies, materials & resources for each objective
1. Define Personality Disorders.	a. General Description – DSM –IV b. Characteristics: pervasive & inflexible; onset in adolescence or early adulthood; leads to distress. c. Grouped into clusters	20 Minutes	Glenn Siegel, MD Mary Pittman, MS, RN	Lecture, PowerPoint, discussion Category of evaluation to be used: <input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change
2. Identify distinguishing features of each cluster B disorder	a. Borderline: instability in relationships, self image issues, black/white thinking b. Antisocial: pervasive disregard for the law and the rights of others. c. Narcissistic: a pervasive pattern of grandiosity, need for admiration, and a lack of empathy d. Histrionic: pervasive attention-seeking behavior including inappropriate sexual seductiveness and shall or exaggerated emotions.	20 Minutes	Glenn Siegel, MD Mary Pittman, MS, RN	Lecture, PowerPoint, discussion Category of evaluation to be used: <input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change

ISNA 2009 REVISION [Workshop Form #3]

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3. Describe the interplay between co-occurring substance abuse and personality disorders.	a. Commonalities: disconnection from self, dysfunctional interpersonal relationships, spiritual bankruptcy, compromise of physical health. b. Treatment Challenges: "powerlessness" vs. empowerment, use of medication, relapse/regression prevention, antisocial behavior	10 minutes	Glenn Siegel, MD Mary Pittman, MS, RN	Lecture, PowerPoint, discussion Questions and Answers <hr/> Category of evaluation to be used: <input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change
4. Relate the information about definitions, interplay and treatment challenges to a case history	a. Case study of a RN seen by Dr. Siegel with Cluster B personality disorder and substance abuse disorder, course of treatment and outcome.	10 minutes	Glenn Siegel, MD Mary Pittman, MS, RN	Lecture, PowerPoint, discussion Case study <hr/> Category of evaluation to be used: <input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change

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5. Define the Values Based Model©	<p>a. Philosophy: healthy connection necessary for growth, disconnection promotes disease, symptoms as an expression of disconnection from self and other, substance abuse and personality disorders require tandem treatment, and group as optimal form of treatment.</p> <p>b. Tenet(s): treatment is a partnership; responsibility for change resides in the client; responsibility for maintaining safety resides in the client; structure, consistency, and boundaries essential components of treatment.</p>	10 minutes	Glenn Siegel, MD Mary Pittman, MS, RN	<p>Lecture, PowerPoint, discussion</p> <hr/> <p>Category of evaluation to be used:</p> <p><input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change</p>
6. Identify treatment Model Constructs	<p>a. Commitment to Awareness: Open, honest and direct communication; Respect for self and others; Responsibility for one's choices; Accountability to others; Willingness to hold others accountable; Inclusion of all parts of self and others.</p>	40 minutes	Glenn Siegel, MD Mary Pittman, MS, RN	<p>Lecture, PowerPoint</p> <hr/> <p>Category of evaluation to be used:</p> <p><input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change</p>

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7. Apply the model to treat clients	a. Programmatic treatment; Workplace culture; Individual therapy; Family/marital therapy; a way of living for all	30 minutes	Glenn Siegel, MD Mary Pittman, MS, RN	Lecture, PowerPoint, discussion, questions and answers Category of evaluation to be used: <input type="checkbox"/> Learner Satisfaction <input checked="" type="checkbox"/> Knowledge enhancement <input type="checkbox"/> Skill & attitude change
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Total Minutes = 150 divided by 60 = 2.50 contact hour(s)