

Drug addiction and alcoholism are chronic diseases that subject those afflicted to relapse. Discover why addicts and alcoholics are prone to relapse and learn effective prevention strategies in today's workshop.

THE INDIANA STATE NURSES ASSOCIATION

Presents

TRIGGERS, CRAVINGS, RELAPSE, & RECOVERY

OCTOBER 3, 2008 • HOLIDAY INN at the AIRPORT • INDIANAPOLIS

AGENDA

- 9:00^{AM/EDT} **Relapse in Nurses: Strategies for Successful Recovery**
Michael W. Wilkerson, MD, Medical Director, Bradford Health Services (BHS)
[Former Medical Director- Talbott Recovery Campus & N. Carolina Physicians Health Program]
Jackie E. Fazeli, BSN, RN, MSW, Healthcare Professional Advocate, BHS Extended Care Program
- 10:30 Break
- 10:45 **Relapse in Nurses: Strategies for Successful Recovery – continued**
- 12:00^{Noon} Lunch
- 1:00^{PM} **Sobriety-Based Denial: Coping with Stuck Points in Recovery**
Toni Black, LMFT, Certified in Addictions and a Relapse Prevention Specialist
- 1:45 **What To Do When Relapse Occurs in the Workplace**
Jim Ryser, MA, LMHC, Program Coordinator, Chronic Pain Rehabilitation, Clarian
Brenda Gardner, BSADC, CADAC II, QSAP, CD Specialist/ EAP, St. Francis
Beth Harrison, Human Resources Director, St. Vincent
Tina Terrell, RN, ISNAP Worksite Monitor
- 2:45 Break
- 3:00 **Uncovering the Secret**
Four nurses tell their stories of addiction & recovery.
- 4:00 Evaluation/Contact Hours
- 4:15 Adjournment

ONLINE REGISTRATION BEGINS AUGUST 1, 2008

REGISTER ONLINE • www.indiananurses.org •

All sessions with lunch included:
\$100, after September 15 = \$110

Students & ISNAP Participants:
\$50, after September 15 = \$60

Contact Information • ISNAP 800-638-6623 • ISNA 317-299-4575 • Email: ce@indiananurses.org