Foundations in Holistic Nursing  
On-line Course

An Endorsed Program of the American Holistic Nurses Association

September 11, 2006 – May 26, 2007

Registration Form

Name: ______________________
Address: ______________________
City: ______________________
State: ________ IN: ________
Phone: ______________________
E-mail: ______________________

Registration by September 1, 2006
( ) $375
( ) $140 (LRHS employee fee)

Registration after September 1, 2006
( ) $385
( ) $150 (LRHS employee fee)

$ ____________ Amount enclosed

Complete and return to:
Wellness Resource Center
Attn: Olga Felton
1203 Washington Street
La Porte, IN 46350

Questions?
For more information about Foundations in Holistic Nursing or Complementary Care services & products, call (219) 326-2479.
Target Audience
This is a continuing education program for nurses and other professionals desiring a greater understanding of holistic nursing.

Course Description
An on-line course of self-study towards the certificate of completion of Foundations of Holistic Nursing. The internet modules correspond to 30 chapters in the required text. La Porte Hospital offers optional weekly classroom discussion sessions sequenced over the duration of nine (9) months. Upon successful completion of the entire course, nurses will obtain 57.4 continuing education contact hours, which may be used to apply for a certification in holistic nursing.

This continuing nursing education activity is approved by the American Holistic Nurses’ Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Course Objectives
- Describe holistic nursing theories, philosophies, and concepts.
- Identify holistic nursing practices.
- Identify applications of holistic nursing in clinical settings.

Course Content
- Optional weekly classroom sessions for discussion of module content and expanded exploration of personal and professional integration of concepts

Weekly Discussion Sessions
Optional weekly discussion sessions are held at La Porte Hospital Family Chapel, 1007 Lincolnway, La Porte.
Tuesdays, 4:30 - 6:00 p.m.

Required Text
Authors: Dossy, B.M., Keegan, L., & Guzzetta, C.
ISBN: 0763731838

Facilitator
Olga Felton, BSN, RN, HN-BC
Olga Felton is the Coordinator of Complementary Care at the Wellness Resource Center of La Porte Hospital.
She is a graduate of the Seeds and Bridges, Inc. Certification Program in Holistic Nursing and has a national certification in holistic nursing from the American Holistic Nurses’ Certification Corporation.

Complementary Care Services
Complementary Care offers holistic benefits that complement or enhance the healthcare received from the physician or hospital. The services are used to treat and prevent illness, aid recovery, promote health, manage pain, and reduce stress.

Services include:
- Acupuncture
- Massage
- Holistic assessment & consultation
- Reflexology
- Healing Touch
- Relaxation training & stress management

Complementary Care Products
Complementary Care products are available for purchase. Olga Felton, BSN, RN, HN-BC, offers guidance in natural remedy and aromatherapy use.
Individual consultations are available. For more information, call (219) 326-2479.